

1 July 2024

WHAT'S THE BUZZ? PROGRAM

Dear Parents/Caregivers,

Your child has been selected to take part in the wellbeing and social skills learning program '**What's the Buzz?**', run by Sidra Rahman (Inclusive Education Teacher).

'*What's the Buzz?*' is a program designed to help children and young people develop social and emotional awareness. The program will run for all of Term 3 and will take place during Lesson 2 on **Wednesdays** (9:45-10:40am), beginning on 24 July 2024.

The program will involve exploring the following:

- Group norms and team building skills
- Establishing and maintaining positive relationships
- Connecting and seeking attention
- Learning about friendships
- Exploring feelings, emotions and warning signs
- Developing resilience and handling disappointment
- Having a positive outlook

Please complete the permission slip below and return this and the pre-questionnaires to Student Services by **Wednesday 3 July 2024**.

If you have any questions or concerns, please do not hesitate to contact Sidra Rahman via phone on (08) 8165 4700.

We look forward to the exciting opportunity that 'What's the Buzz' will bring to your child.

Kind regards,



Sidra Rahman

INCLUSIVE EDUCATION TEACHER



Susan Farah

INCLUSIVE EDUCATION LEADER

Please return the slip below to 7-12 Student Services by Wednesday 3 July 2024.

I, _____ give permission for _____ to participate in a 10-week "**What's the Buzz?**" social and emotional skills programme, starting from **Wednesday 24 July 2024 (Week 1, Term 3)** which will be run by Sidra Rahman.

Signed: _____

Date: _____



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