HOOPS 4 LIFE





......has been selected to participate in a wellbeing and engagement initiative at Charles Campbell College called Hoops 4 Life, which starts in Week 1 of Term 3, 2024.

If you would like your child to join this program, please complete the attached registration form.

The Hoops 4 Life program promotes wellbeing of students by inspiring, engaging and encouraging them on life's lessons through the game of basketball. Through students' participation, they learn how to develop, enhance and maintain life skills such as:

- effective communication
- self-management
- expressing emotions
- social and emotional regulation
- problem solving and decision making
- forming positive relationships
- resilience
- body image, self-worth and self-belief
- confidence

All Hoops 4 Life sessions are run under the guidance of qualified coaches holding all current clearances and training mandatory by the Department for Education and the guidelines of Hoops 4 Life.

To be involved in this program, your child will need to commit to coming out of class once a week on Fridays from 11:00am-12:30pm for a full term.

Wherever possible, the wellbeing team will work with subject teachers to put adjustments in place that minimise workload and assessment expectations, but this may not always be possible depending on each subject and student.

More information about the program is available on the Hoops 4 Life website at https://hoops4life.com.au/basketball-programs/

If you have any queries, please do not hesitate to ask to contact me:

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Email: <u>Christine.Falco427@schools.sa.edu.au</u>

Many thanks,

Christine Falco

R-6 WELL-BEING LEADER

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PRINCIPAL



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